

Recruitment Process

- 1. Make a list of your desired areas of study**
- 2. Make a list of schools that are a fit for your major**
- 3. What type of school will fit your lifestyle needs**
- 4. What division of school do you see yourself playing with?**
 - Division 1**
 - Division 2**
 - Division 3**
 - NAIA**
 - NJCAA**
- 5. Create a recruiting profile on one of the top profile sites; NCSA, Sports Recruits, BeRecruited, CaptainU, or others. Make sure that the profile site is free**
- 6. Send emails**

Send emails to the Head Coaches of the programs by introducing yourself with your name, age, grade, years of experience, and why you are interested in their program. Make sure to use formal introductions when introducing yourself to a coach.
- 7. Make videos of yourself playing**

Game footage in three minute segments is suggested. You can make highlight reels for the three minutes, then include a full game footage of a game with some of your best work on the court.

Also include some skills footage so they can see what you can do with each skill set.
- 8. Set up an account with the NCAA Clearinghouse. You can set up a profile if you are not sure what school you will attend, or go ahead and do a certification profile if you feel certain you would be attending a D1 or D2 school.**